

# LightPath Transformation @ Sarahs Circle Hub

23 Scotts Street Mandurah

## Sun July 5 & Aug 2 A Day to Go In!

### Meditation & More

We introduce and guide active and silent meditations. This is done in a light and playful way for body and mind. It includes answering questions and sharing your experience.

SPECIAL 1<sup>st</sup> time PRICE Whole Day \$80 (incl. Satyamitra Meeting)

July 5 & Aug 2

10:00 - 6:00

Lunch break will be at least 1.5 hrs. There will be tea. You can BYO lunch to the sheltered venue.

July 5 & Aug 2  
4:00 - 6:00pm

**Door opens 20 mins prior, pls come early**  
Limited Space, pls register by sms/mail Satyam. Meeting \$25

Evening meeting  
Fri Jul 10 7-9 pm

### Friends in Truth - Satyamitra Meeting

#### Self-Inquiry with Adima

"Friends in Truth" (Satyamitra) is Adima's way of sharing Satsang, the self-inquiry in Truth.

In an atmosphere of inner and outer silence, we explore presence in the moment and share in contemplative dialogue *who we are and how we are*. This is across religion and culture.

### Adima & Sudeva Hawkes - Tour Guides for the inner adventures in life



Home and practice in Mandurah. We combine wisdom and science from the East and West with over 30 years of experience in working with people. We're passionate about enabling our clients to help themselves.

*(Accredited Meditation Teachers, Practitioners and Trainer of Tibetan Pulsing, Certified in Counselling, Spiritual Psychotherapy, Hypnotherapy and Trauma Therapy. Adima shared guidance as a spiritual teacher in Germany between 2003-14.)*

Contact us for any questions or special needs  
Or to book an Individual Session

LightPath Transformation  
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