

TIBETAN PULSING

Healing
through
LOVE

EVENINGS

A special way of connecting with yourself and others through the pulse-beat of your heart.

TIBETAN PULSING

uses the power of the heart for healing and growth of consciousness. It is holistic and operates with touch (acu-pressure) and sound. While you're lying down and listening to music, certain resonance points will be vibrated by touch and sound (music). Pulsing brings relaxation to the body and a smile to your heart.

In these events you will experience deeply relaxing contact-flow-streaming and exchange simple exercises with partners. Each class will pulse a different theme of life

Adima & Sudeva Hawkes
Tour Guides for the inner adventures in life



Home and practice in Mandurah.
We combine wisdom and science from the East and West with over 30 years of experience in working with people. We're passionate about enabling our clients to help themselves.

(Accredited Meditation Teachers, Practitioners and Trainer of Tibetan Pulsing, Certified in Counselling, Spiritual Psychotherapy, Hypnotherapy and Trauma Therapy. Adima shared guidance as a spiritual teacher in Germany between 2003-14)

SARAH'S CIRCLE HUB
23 Scotts Street, Mandurah

June 12

July 03 & 17 & 31

Aug 14

Fri nights 7:00 - 9:30pm

Doors open 6:30pm

please come early

SPECIAL Price in June

Evening \$45,-

From July: Evening \$60,-

4 Evenings \$220

Registration

Please let us know you're coming to improve the setup and our preparation for you. email/sms 3-7 days prior, thanks

Bring or wear loose clothes

Call or email us for any questions or special needs

Or book an INDIVIDUAL SESSION incl. Eye-Reading



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